Susan and Jerome HateEachOther

- Susan and Jerome HateEachOther were married for 12 years before separating 18 months ago
- They have two children –Sherry, age 5 and Jeremy, age 10
- oBy agreement the children spend most of their time with Jerome and reside with Susan Every Wednesday and Thursday and alternate weekends
- Susan is an executive in a tech company;
 Jerome is a guidance counselor at a local middle school
- Although both parents work, Susan was the primary breadwinner

HateEachOther Family Cont.

- Both parents have struggled with weight for most of their lives
- A year before the separation, Susan became involved with a health club and lost 30 lbs.
- She was frustrated that Jerome was not willing to join her in this effort and this was a factor in the separation
- o The parents had fights about this which were occasionally overheard by the children
- Susan has maintained her weight loss and exercises daily; Jerome remains 40 lbs overweight

HateEachOther Family Cont.

Jeremy:

- \circ Had been involved in a swim club since the age of 7
- oBegan to withdraw from the activity as his parents separated
- oComplained of not feeling well at the time of swimming practice
- ○Now says he doesn't like swimming

HateEachOther Family Cont.

Jeremy:

- Has gained substantial weight since his parents separated
- ols now at the 90th percentile for his age
- o Is being teased by peers about his weight
- Has withdrawn socially and spends most of his free time playing video games

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HateEachOther Family Cont.

Susan has filed an emergency motion:

- $\circ\mbox{Requesting}$ more time with the children
- $\circ \mbox{Requesting that}\;\;\mbox{Jeremy be required to resume}\;\;\mbox{his participation in the swim club}$
- Requesting that both parents be required to follow any diet recommended by the pediatrician
- oStates that the pediatrician agrees with her.

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HateEachOther Family Cont.

Jerome:

- States that Jeremy is overeating because he is upset at the divorce and at the way Susan treats him
- oAlleges that Susan
- -Makes rejecting comments toward Jeremy and denies him the foods he likes
- -Favors Sherry by allowing her to eat what she likes
- oJerome wants counseling for Jeremy and states that the pediatrician agrees with him

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HateEachOther Family Cont.

Jeremy:

- Is resisting spending time with Susan because she limits his food and requires that he exercise
- oBelieves Susan favors Sherry and has begun to bully his sister, a new behavior.
- Says he hates swimming and doesn't want to try any other form of exercise.

HateEachOther Family Cont.

Jerome:

- oBelieves that Jeremy will stop overeating when he feels better emotionally
- ols not prepared to "force" Jeremy into an exercise activity that he doesn't want
- Does not believe Jeremy should be forced to spend time with Susan until he is more comfortable with her

HateEachOther Family Cont.

Susan:

- oHas been told that Jeremy is at risk of diabetes (a fact confirmed by the pediatrician)
- Susan does not want Jeremy to face the misery she faced while she was overweight
- Has heightened anxiety about the medical risk since her father died of an obesity-related condition

HateEachOther Family Cont.

Jerome:

- ∘Believes that Jeremy needs to learn to love the body he has
- Believes that if Susan could see beyond appearances she would never have left the marriage
- oSees his role as providing comfort to Jeremy

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HateEachOther Family Cont.

Sherry

- $\circ \text{Is of normal weight}$
- o Seemed largely unaffected until Jeremy started teasing her and resisting transitions to Susan
- oBecomes tearful and regresses when Jeremy does not accompany her

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